North Herts

Education Support Centre

Course Title
PSHE, KS3 and KS4
Overview
Personal, Social, Health and Economic education is known as PSHE. It consists of three interrelated themes of which the principal threads are: Living in the wider world Relationships Health and Well-Being. PSHE will be a 2 year programme for KS3 and KS4 and incremental as students' progress. The programme will retain a strong focus on contextual safeguarding and issues that our students encounter.
Outline of the Course
NHESC use a range of qualified teachers and support staff to deliver the PSHE programme to KS3 and KS4 as well as inviting in a range of visitors, inspirational speakers and outside agencies. We also have links with Hitchin Fire Brigade, NHS Paramedics, Herts Police the British Army, the Royal Navy and the Garden House Hospice who visit and work with our students. Our curriculum is designed to improve the students' self-worth through the experience of success and involvement in Centre life. PSHE includes Citizenship which enables students to develop individual and appropriate social skills, enabling students to effectively integrate into society. Within the curriculum we promote pupil wellbeing and develop individual character by providing accessible information, exploration, clarification and the development of attitudes and values that support self-esteem and help develop a healthy, safer lifestyle with responsibility and confidence.
Assessment details
Students are assessed on their engagement, participation and contribution.
Staff Roles
Lead Teacher Mr Clark
Equipment/Health and Safety
Students are questioned to ascertain mental wellbeing prior to lessons with outside speakers and agencies. All outside visitors are expected to be able to produce valid ID and photo card when signing in at reception.
How will it be examined
N/A
Appeals process
N/A

Curriculum Plan
This table sets out the intended curriculum plan for PSHE at NHESC. The plan for each upcoming half term is reviewed in advance based on the progress that has been made, while also taking into account the contrasting needs of individuals within each cohort and the impact of external factors on their learning.
KS3 & KS4
Autumn Term **LIVING IN THE WIDER WORLD** Peer Pressure Gang Crime Human Rights Assertiveness Challenging Extremism and Radicalisation Facts and Beliefs Risk of drug addiction World Religions Alcohol Abuse Skills & Quality Travel & Money Management
Spring Term **RELATIONSHIPS** Family Life Healthy Relationships Consent Sex & Relationship Education Human Rights in Action Domestic Abuse Forced Marriage British Values What is Forgiveness?
Summer Term **HEALTH AND WELLBEING** Diet Exercise Healthy Choices Exercise Alcohol Tobacco Substances Health and Safety First Aid